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## Eneko Llanos hopes to make it in Hawaii

The BH-sponsored triathlete will compete this Saturday in the Ironman Hawaii. This will be the fifth time he takes part in the event, and he hopes he will take a step on the podium in Kona with his BH GC Aero. Two weeks later, he will face another challenge, the Xterra World Championship, where he will try to retain his title.

Eneko Llanos will be facing one of his most important challenges this weekend. The BH-sponsored triathlete will take part in the leading race worldwide, the Ironman Hawaii, which is holding its 31st edition this year. The race, to unfold in Kailua-Kona, in the northern tip of the island, is the toughest and most popular in this sport. Nearly 1,800 athletes will compete this year in the 2.4mi/3.86km swim, 112mi/180.2 bike ride, and 26.2mi/42.16km run.

A few days ahead of the big day, Eneko, who has already adapted to the time and climate in Hawaii, is a bit nervous about the upcoming race. However, this is the fifth time he takes part in it, so he believes he is well prepared to make it.

"I'm feeling a bit nervous with the race round the corner, but I'm motivated and content with what I've done so far. It won't be an easy race, as there're excellent athletes, a lot of candidates, and all want to be at the top. But I believe I can make it, and I'll fight hard," Eneko said from the Pacific island.

The triathlete from Vitoria-Gasteiz is totally absorbed in training, studying the courses, which are the same year after year. "We know them very well, but these days I'm training in the circuit, bringing to mind what I already know," he remarked. To ensure a perfect race on his bike, nothing better than his new BH GC Aero. "I have the new Aero 2011. I really like it. It's a very robust frame, which I can all but praise," he added. Eneko had been on the second step of the podium in 2008 with his BH GC Aero.

### Winning again in the Xterra

After the Ironman in Hawaii, considered to be the unofficial triathlon world championship, the BH-sponsored triathlete will compete in the Xterra World Championship, to take place on 24 October in Maui, also in Hawaii. Here Eneko will defend his title, which he took in 2009 on his BH Trail Racer Carbon. The race combines a 1mi/1.5km swim, a 20mi/32km mountain bike ride, and a 7.5mi/12km trail run.

"The Xterra is a mystery to me this year, for I cannot prepare myself for it. Last year it was perfect after a bad performance in the Ironman. This year, I don't know. Now, I can only focus on the Kona trial and try to remove last year's bitter taste. Then I'll try to recover as soon as I can to be in good shape for the Xterra. But I can tell you that if I can fight for the title, I will," Llanos said.

To achieve his goal, Eneko can rely on the international firm's most powerful full suspension bike. "The Trail Racer is a great bike for the Maui course, loose terrain with volcanic rock and gravel... The full suspension bike is great here, because it's light and you can maintain good traction going uphill and feel safe in downhill biking," our

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triathlete explained.

Eneko is doing great this season, and his impressive wins have earned him a place among the favourites for both races. Competing in eight events, he has taken five first places, one second, and two third spots. His latest achievement was the first place in the ICAN Triathlon in Majorca.

Without doubt, October will be a special month for Eneko Llanos, as he can become World Champion in the Ironman and the Xterra. BH strongly supports him and wishes him good luck in this exciting double challenge.

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