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## Egoitz Murgoitio and Isaac Suárez to fight for the World Championships this Sunday

This weekend Sankt Wendel is hosting the Cyclo-cross World Championships. Three BH-sponsored riders –Egoitz Murgoitio, Isaac Suárez and U23 Daniel Ruiz– will be in them as part of the Spanish national team, alongside Javier Ruiz de Larrinaga and José Antonio Hermida in the men’s elite category; Jon Ander Insausti in the U23 category; Pablo Rodríguez, Jonathan Lastra and Marcos Altur in the junior category, and Aida Nuño, Lucía González and Isabel Castro in the women’s category.

The race will unfold over a technically demanding 2.8km course, mostly grassy off road (2.2km). Each lap features an elevation gain of 74m. The course goes 40 per cent uphill, descents account for 25 per cent, and the remaining 35 per cent is flat. It is a suitable course for strong rather than technically skilled racers and for those who are good in muddy terrain. In addition, there is a chance of ice and snow on the day of the race (Sunday’s low temperatures are expected to be 3 or 4° C).

The last part of the course is the toughest, as it features obstacles, a steep descent, a long climb and some downhill metres to the finish line.

### Murgoitio, in the top 20

Egoitz Murgoitio hopes the course will be in better condition than back in 2005: “This weekend the course will probably look better than in the 2005 World Championships, with ice all over. I prefer fast courses, so if there’s no ice and the course is good, I can be among the top 20.”

Egoitz also gave his opinion on the other two BH-sponsored racers, Isaac Suárez and Daniel Ruiz. “The U23 race is normally a crazy, open-ended event. Dani is doing great this season. He was runner-up in the Spanish Championship and won the Spanish Cup. So this is a good time for him. He can give a good show on a fast course. For him to be ranked with the top 25 would be great. And as to Isaac, what can I say about him? He’s competed in so many world championships he’s got plenty of experience. Last year he rode very well and he’s set similar goals for this year. He’s good on fast courses, even ice-covered ones, so I’m pretty sure he’ll do great.”

### Suárez: “I’m in good shape”

Isaac Suárez has been in Sankt Wendel before. “I rode there six years ago. It was icy and snowy back then, similar to Tabor last year. A demanding and tough course, with really difficult mud sections. If it’s not very cold or snowy, I’ll be OK. I want to be among the top 30, but we’ll have to wait and see. Although I’m in good shape, there’re lots of factors that can affect the final results.”

The rider from Cantabria cannot but praise his elite mates Murgoitio, Larrinaga, and Hermida. “Egoitz has certainly gained experience. He’s in very good shape; I think he can be with the top 20. He’s already shown what he can do in world cups. Hermida is

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a rider to keep an eye on. He performed very well in the Spanish Championships and he knows how to face important racing events like this one. Larri is OK, too. He still has a few things to learn about world championships, but I believe he can get himself a good place this year.”

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